

## Parents E-Safety Information Sheet

*A basic guide for parents*

### Key contact information

Rabbi J Sager: Headteacher  
Rebbe S Roitenberg: Menahel



If you want to speak with someone in person to get filter guidance, please call the **TAG** (Technology Awareness Group) offices. TAG hotline: Golders Green: 020 3475 5454 & Stamford Hill: 020 7112 4848



**CEOP**: Child Exploitation and Online Protection. CEOP works to protect children from harm online with child protection partners across the UK. If you have any concerns, CEOP can be contacted on 0870 000 3344 or visit <https://www.ceop.police.uk/>

### Top e-safety tips for parents

1. Don't turn your back! If you can't see what your children are doing on the computer/laptop/smartpad/smartphone, you don't know what they are doing; you just think you do!
2. Content filters - Content filters are a key tool typically included in parental control software. They can help to reduce the chances of children coming across inappropriate content. Some filters allow parents to set different profiles for different children - so parents can offer a more protective experience for younger children.
3. Timed access, monitors and locks - Parental tools are more than just filtering. Set time limits, restrict access, monitor activity - various options available for this.
4. Take responsibility - It is important to note that parental tools are there to help; they don't provide a fail-safe solution to keeping children safe when using modern technologies. The best outcomes for children come from parental engagement and support. Parents need to talk to their children and make sure they know how to stay safe when using modern technologies. It's important for parents to talk to older children about acting responsibly and being respectful to others.